WEDNESDAYS WITH WARRENTON AREA CHAMBER OF COMMERCE January 18, 2023

UPCOMING CHAMBER EVENTS

Tuesday, January 31st 6:30-8:30 pm After Hours hosted by Cornerstone Chiropractic

Wednesday, February 8th 12:00-4:00 pm 2023 Board Planning Retreat- Warren County R3 Central Office

Monday, February 13th 11:45-1:00 pm General Membership Meeting- Warren County Emergency Ops & Training Center

FRIENDS OF THE CHAMBER

Warren County Senior Center

wcseniorcenter.org 636-456-3379

Edward Jones

Glenda Buxton glenda.buxton@edwardjones .com

Town & County Garage

townandcountygarage.com 636-745-3626

Next Page Properties

sellonnextpage.com 636-206-6363

KO Knockout Fitness

Kevin Oligschlaeger Koknockoutfitness.com45

Mense Law Firm

Menselaw.com 636-456-2345

Thank you, Friends, for your support.



Spotlight Business of the Month
Scenic Regional LibraryWarrenton Branch
Branch ManagerRobin Schaefferkoetter

My name is Robin Schaefferkoetter. I am a retired teacher, 1st, 2nd, and 8th grade Reading. Upon my retirement from education in 2018, I became employed by Scenic Regional Library in Owensville as the branch manager. My children have moved away and my parents have passed away, so in 2022 I transferred to the Warrenton branch as their manager and have since moved this direction. It's an easy transition from a school to a building full of books.

The library of today is different from the library I grew up in. Today we circulate cake pans, fishing poles, telescopes, microscopes, binoculars, ukuleles, hotspots, Chromebooks, Stem Kits, and Memory Kits. We offer Notary and Passport services. Our Bookmobile is no more, but Storytime lives on from my youth. We offer programs for children, teens, and adults. Take-a-Ticket is once a month and meets the needs of those needing assistance with technology. No appointment is necessary, just bring the device you need help with on the day the library trainer is at the branch. We have 2 book clubs that can be joined. On the 1st, 3rd, and 5th Thursday of each month, the MO Highway Patrol offers driving exams in the meeting room. Bob Dylan once wrote, the times they are a changin'. This is especially true in libraries.



This Week in Chamber

Our 2023 Annual Banquet Celebrating 100 Years of the Warrenton Area Chamber of Commerce was January 13th. We had a record turnout, and everyone's generosity has again blown us away! Thank you to everyone who supports our Chamber. The Banquet's proceeds will go to fund Chamber Scholarships for the Class of 2023.

















5 Skills The Next Generation Will Need For Success

By Sara Burkhard

Being successful looks different to everyone. It comes in all shapes and sizes, but one thing that most people can agree on is that it includes feeling content and secure. One of the ways to offer this security is by opening as many doors to opportunity as possible by learning valuable life skills.

So, how will the next generation be able to do that? While trends come and go, and the economy and culture can change, there are some skills that every person will need to have to get ahead.

1. Critical thinking

Being able to think for yourself is a key skill at a time where the concept of career and the workplace is changing. Critical thinking is clearly self-directed and self-disciplined, so you will need to be able to think for yourself in a realistic and meaningful way.

"Education is not the learning of facts, but the training of the mind to think." – Albert Einstein

This generation is going to need to go beyond taking notes and remembering information for important exams. They will need education teaching them to think for themselves and solve problems in real-time. Developing this ability early on will only stand to benefit today's students and tomorrow's leaders.

2. Adaptability

Navigating emerging technologies is something most students and professionals need to do in their daily lives. While this can ultimately make life easier, it often comes with new circumstances. A fine example of this is how several companies use modern technology to further their global presence. This results in top-tier companies encouraging their employees to work remotely and take full advantage of the Digital Age.

Working directly with an employee who lives in a different time zone could be just one of many adjustments the next generation will experience in their regular work culture. The next generations will need to be able to adapt or the could be left behind.

3. Excellent communication skills

Good communication skills are important, both in person and online. The next generation is going to need to excel in these and every now and again this will include having to lead the conversation. As mentioned above, there might be special circumstances to navigate, such as key members of a team who live in different locations.

This is only one of the many scenarios that might mean people will need to be multifaceted and learn how to communicate using new mediums. And with most workplaces using tools like Slack or Skype to communicate within their teams, written communication is a major point. Reading comprehension and writing skills have become crucial skills for the modern student and employee.

4. Cultural understanding

A deeper cultural understanding can lead to more positive interactions, better collaboration, and truly diverse conversations. Given that Generation I is often stated as one of the most diverse generations to date, there will be a wider variety of voices and perspectives in the future workplace.

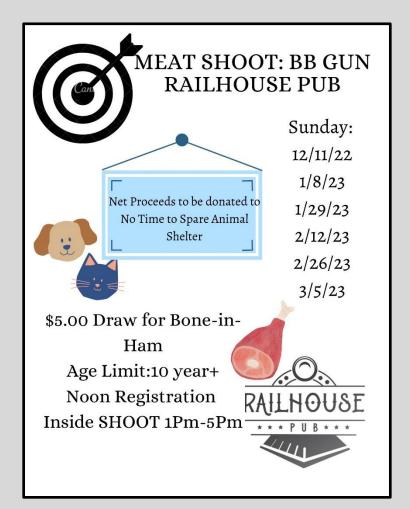
Cultural understanding has been a key part of progress in most cultures. With international business, an important aspect of modern life, large companies in top industries are embracing and teaching this to their employees. Companies like Google, Novartis, and Coca-Cola are well-known for their diversity initiatives.

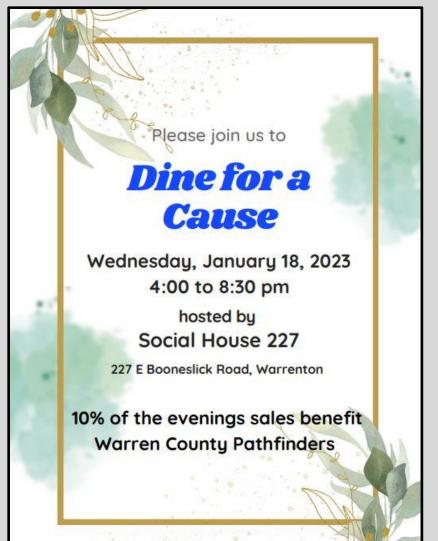
Since companies like these are often looked to as tastemakers, it's clear that by the time the next few generations are entering the workforce, this concept will be commonplace within most companies in the relevant industries.

5. Initiative and drive

While competition is a normal part of achieving success in life, the world is more connected now than ever so many will be competing on a much more global stage than previous generations might have. You have to consider the fact that this will mean that students will need to strive to compete with students from their own country along with several others.

Having the initiative and drive to compete will be an important element in navigating certain aspects of life, especially when it comes to career and education opportunities.





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CALL 636-456-2530 OR EMAIL WARRENTONCOC@ SOCKET.NET TO LEARN MORE.

The Wellness Series

BEGINNER COURSES

Free to the public & members. Each one-hour Saturday session begins at 10:30 AM and is led by our team of certified experts. Now accepting 10 participants per course for Jan. 21, Jan. 28 & Feb. 4. Ages 15 and up. Download the KO KnockOut Fitness App to book.

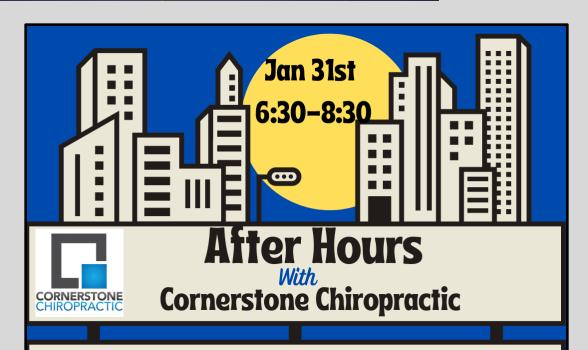


Schedule

January 21st
Winning Wellness Habits
+ Intro to POUND &
Pilates

January 28th Nutrition Education + Intro to Yoga & Cycle

February 4th
Journey Kickstart + Intro
to Xtreme Hip Hop Step
& Strength Training



**Happy New Year! We are excited to start off 2023 right by hosting the 1st Warrenton Chamber After Hours. Cornerstone is proud to be a part of this community and this Chamber of Commerce. Join us for food, fun and raffle prizes! You will also be provided a free posture screening, a chance to meet our doctors and tour our brand new office. It's going to be an awesome time that you don't want to miss.

(If you'd like to donate a prize to our raffle, please let me know!)
636–400–3213 jessica@cschiroclinic.com



Eating Smart · Being Active

Eating Smart Being Active offers research-based information about nutrition, physical activity, food safety and making the most of your food dollars. It is a **FREE** program provided by the University of Missouri Extension Family Nutrition Education Programs. Through a series of engaging lessons and discussions, you will have the opportunity to prepare new recipes, be physically active and learn tips for making healthy choices for yourself and your family.

Lesson topics include:

- Knife skills and safety
- Exploring fun ways to be active
- Planning and shopping for healthy meals that fit your budget
- Tips for eating more fruits and vegetables
- Whole grains
- How to choose lean protein
- Building strong bones
- Tips for limiting excess sugar, fat, and salt
- Discuss ways to keep your family healthy

Supplemental lessons geared towards pregnancy and feeding bables are also available.

Classes are coming soon to:

Location: Warren County Health Dept. Fitness Ctr.

Dates: Wednesdays, February 8-March 15, 2023

Time: 1:00-3:00 PM

For registration or more information, contact:

Warren Co. Extension Office, 636-456-3444 Class located at 3920 N. Highway 47, Warrenton MO 63383 (corner of Isabella & N. Hwy 47)





Funded in part by USDA SNAP.

For more information, call MU Extension's Show Me Nutrition line at 1-888-515-0016.

Running out of money for food? Contact your local food stamp office or go online to mydss mo gowlfood-assistance/food-stamp-program.



Warren County Health Dept. 101 Mockingbird Lane Friday, January 27th 8 a.m. to 1:30 p.m.

Schedule your appointment by calling 314-205-6267.

This service provides screening mammograms for women 40 years of age and over.

The fee will be billed to you or your insurance. We submit claims for you to participating insurance companies and Medicare. Women with no insurance may be eligible for free mammograms. No physician order required.

Warren County Health Department Announces New Smartphone App

Download our app today!

Search: Warren County Health, MO





Built by:



Warren County Health Department is excited to announce the release of the organization's new smartphone application. This app will serve as a new way for the health department to connect with Warren County residents and visitors, providing information quickly and efficiently to anyone with a smartphone.



The rules around who qualifies for Missouri Medicaid have changed. More adults ages 19-64 can get low-cost or free health insurance through Missouri Medicaid, called MO HealthNet. You may qualify for Medicaid, even if you didn't in the past. For example, you may qualify if you:

- · Are a single adult and make up to \$1,563 a month
- · Are a family of 4 and make up to \$3,192 a month

Join us for free help to apply for Medicaid!

Here's what you need to bring with you to apply:

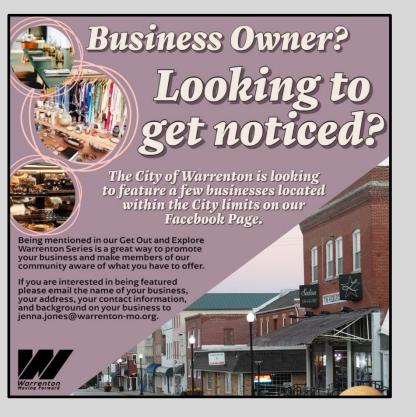
- · Proof of your household income, such as recent paystubs or W-2s for your household
- · Social Security numbers for all applying
- · Proof of immigration status if not a U.S. citizen or national, such as a green card

Free enrollment assistance available

Call 636-441-1302 ext. 6687 or email kschupp@jacares.org



Powered by Missouri Foundation for Health | Published 2022





Closed

Winter Schedule: December January February

7:05pm

Bootcamp

7:05pm

Bootcamp

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6am Bootcamp		6am Bootcamp	7am Bootcamp	Closed
	7:30am Morning Yoga		7:30am Yin Yoga	8:30am Vinyasa Yoga	Closed
9am Bootcamp 9	9am Bootcamp		9am Bootcamp	10am Bootcamp	Closed
				11:30am Yoga + Little ones	Closed
6:10pm Restorative Yoga	6:10pm Vinyasa Yoga	6:10pm Restorative Yoga			Closed
	6:10pm Restorative	6:10pm Restorative 6am Bootcamp 7:30am Morning Yoga 9am Bootcamp 6:10pm Vinyasa Yoga	6:10pm Restorative 6am Bootcamp 7:30am Morning Yoga 9am Bootcamp 6:10pm Citopm Vinyasa Yoga 6:10pm Restorative	6:10pm Restorative 6am Bootcamp 6am Bootcamp 7:30am 7:30am Yin Yoga 9am Bootcamp 9am Bootcamp	6am Bootcamp 7:30am Morning Yoga 9am Bootcamp 9am Bootcamp 10am Bootcamp 11:30am Yoga + Little ones 6:10pm Restorative 6am Bootcamp 7am Bootcamp 10am Bootcamp

Drop-In any class \$15 Sf-365.square.site 314 384-2267 Follow Us@ sara_fit365

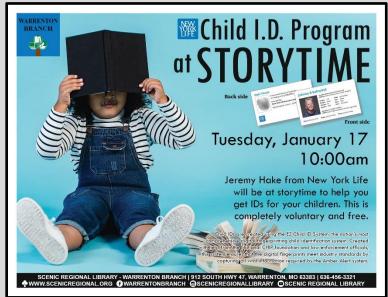
7:05pm

Bootcamp

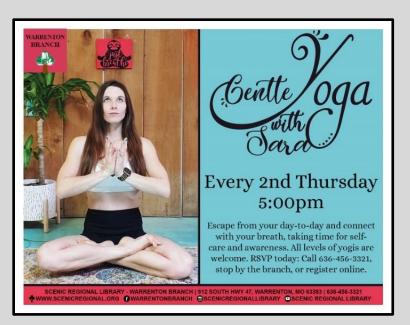


7:05pm

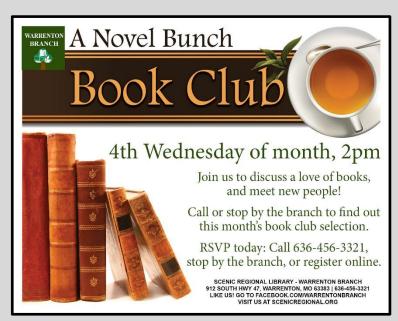
Bootcamp

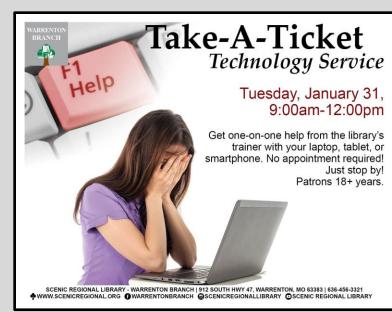




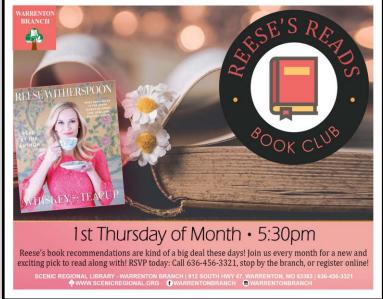












Current Job Openings at Child Evangelism Fellowship

17482 State Highway M, Warrenton, Mo 63383

Creative Services

- Artist/Illustrator
- Editor
- Graphic Designer
- Music Specialist

Communications and Marketing

- Digital Communications Assistant

Education

Leadership Training Instructor

Facilities

Maintenance Technician/Grounds Crew

<u>Finance</u>

- Financial Assistant - Accounts Receivable/Purchasing

<u>Information Technology</u>

- Administrative Assistant
- Helpdesk Technician

<u>International Ministries</u>

Finance Account Analyst

Production

- Digital Printing and Bindery
- Press Operator









JOB POSITION

- Direct support Professionals
- Sunday Tuesday & every other Wednesday. 8am - 6pm
- All Training Provided

Job Requirements

- Valid Drivers License
- Full Coverage Insurance
- Pass a Background Check

JOB DESCRIPTION

- Light Housekeeping
- Meal Prep
- Medication Administration
- Life Goals
- Record Keeping
- Community Inclusion

APPLY NOW!

Are you ready for the interview?

Heather Walter

636-456-7518 ext. 16 hwalter@wchsmo.org

www.warrencountypathfinders.org