
WEDNESDAYS WITH WARRENTON AREA CHAMBER OF COMMERCE

December 8, 2021

UPCOMING CHAMBER EVENTS

Wednesday, December 8 th	Noon	Board of Directors Meeting-Warren County R-III
Monday, December 13 th	11:45 am	General Membership Meeting-Warrenton High School
Wednesday, January 5 th	Noon	Board of Directors Meeting-Warren County R-III
Monday, January 10 th	11:45 am	General Membership Meeting-Warrenton High School
Friday, January 14 th	6:00 pm	Annual Awards Banquet-MaryLou Building
Wednesday, January 19 th	9:30-11:30 am	HR Forum-Scenic Regional Library

BUSINESS SPOTLIGHT OF THE MONTH BOONSLICK REGIONAL PLANNING COMMITTEE



When you have a question about how move your small business, non-profit or community forward call Boonslick Regional Planning Commission to begin your process. We apply sound planning practices and collaborative approaches, in Lincoln, Montgomery and Lincoln Counties to implement business and workforce development, emergency preparedness, natural resource protection, and quality of life initiatives. You can rely on the ability of our organization to provide strategic, administrative, and financial support from concept to completion.

Call Christine Zika today at 636-456-3473 to discuss how Boonslick Regional Planning Commission can empower your business or community to envision an economically resilient and innovative future.

HOLIDAY GIFT IDEAS

We would like to promote our Chamber members to our Facebook community by sharing your holiday gift ideas. Put together a commercial or a flyer and we will post it to our Facebook page. Think Local, Be Local, Buy Local.



FRIENDS OF THE CHAMBER

CertainTeed
www.certainteed.com

Edward Jones,
Glenda Buxton
glenda.buxton@edwardjones.com

Schraer Heating &
Air Conditioning
www.schraer@usmo.com

Janet G. Bradshaw Financial Services
janet@janetbradshawfinancial.com

McRoberts Motors
www.mcrobertymotors.com

Legacy Drugstores
www.legacydrug.com

Ratholland Towing &
Automotive Services
www.rathollandtowingandauto.com

Farmers Insurance - Nick Skibinski
www.agents.farmers.com/mo/warrenton/nick-skibinski

WARRENTON AREA CHAMBER OF COMMERCE
AWARDS BANQUET

FRIDAY, JANUARY 14, 2022

The MaryLou Community Building

800 Smith Street, Truesdale, MO 63380

\$40/ per person OR \$300/ table of 8

(Includes Open Bar)

6:00 COCKTAILS & NETWORKING

7:00 DINNER

8:00 AWARDS & LIVE AUCTION

DINNER MENU

Catered By Debbie Schuknecht

Grilled Chicken Breast and Baked Ham

Mashed Potatoes, Creamy Mac-N-Cheese, and Glazed Carrots

Garden Salad and Dinner Rolls

RSVP BY DECEMBER 31, 2021

636-456-2530

Make checks payable to the
Warrenton Area Chamber of Commerce

P.O. Box 333

Warrenton, MO 63383

Or call 636-456-2530 with Credit Card

Business Dress Attire

ALL PROCEEDS GO TO SUPPORT THE WARRENTON AREA CHAMBER SCHOLARSHIPS

Event Dates (See Flyers)

December 11 th	Cookies with Santa-City Annex Building
December 14 th	DIY: Christmas Wreath- Warrenton Library
December 15 th	Pioneer Christmas- Warrenton Library
December 18 th	Pictures with the Grinch- Cornerstone Chiropractic
December 21 st & 22 nd	DIY: Christmas Centerpiece- Warrenton Library
December 28 th	Movie Night- Warrenton Library

Share
your good health



American
Red Cross

Give blood or platelets.

Blood Drive Jonesburg State Bank

Lower Level
508 State Hwy 47
Warrenton, MO 63383

Thursday, December 30, 2021
11:00 a.m. to 3:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: JSB to schedule an appointment.



Spread cheer! Come give Dec. 17-Jan. 2 for an exclusive long-sleeved Red Cross T-shirt, ltd. qty!



Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767

©2020 The American National Red Cross | 264702-28

WARRENTON
BRANCH



DIY: Christmas Wreath

Tuesday
December 14
6:00pm



Turn a Christmas gift bag and pizza pan into a cute farmhouse Christmas Wreath! All supplies furnished. Limit 29.

RSVP today:
Call 636-456-3321, stop by the branch, or register online.

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FREE COVID-19 TESTING

Drive-Thru Dates ADDED!!

November & December 10 a.m. to 6 p.m.

Friday Nov. 12th

Friday Nov. 19th

Friday Nov. 26th

Friday Dec. 3rd

Friday Dec. 10th

Friday Dec. 17th

Monday Dec. 20th & 27th

Warren County Fitness Center Parking Lot 3920 N. Hwy 47 Warrenton MO

(corner of Hwy 47 & Isabella) NO appt. needed

636-456-7474 if ?'s

WARRENTON
BRANCH



Pioneer Christmas

All ages!

Wednesday
December 15
6:00pm-8:00pm



Step back in time with pioneer-era Christmas crafts, fiddle music, hot cider, and photos with Santa! Limit 29. RSVP today: Call 636-456-3221, stop by the branch, or register online.

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DIY • Christmas • Centerpiece



Tuesday
12-21-21 or
Wednesday
12-22-21
6:00pm

Impress your guests this holiday season with a simple yet stunning arrangement for your festivities with assistance from Moment of Grace Florist! Space is limited to 29 each evening. All supplies furnished. RSVP today: Call 636-456-3321, stop by the branch or register online.

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HOLIDAY movie night



Tuesday
December 28
5:30pm

Much on buttered popcorn and indulge at the hot chocolate bar as we watch a holiday movie. Limit 29.

RSVP today: Call 636-456-3321, stop by the branch, or register online.

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WANT TO ADVERTISE YOUR BUSINESS?

PURCHASE A TV AD AT THE LICENSE OFFICE. FOR \$25 A MONTH OR \$150 A YEAR YOU CAN PURCHASE AN AD THAT RUNS THROUGHOUT THE DAY. CALL 636-456-2530 OR EMAIL WARRENTONCOC@SOCKET.NET TO LEARN MORE.



December Schedule 2021

No Classes
December
24 & 31

Water Aerobics Classes

Monday through Friday 8:00-8:45am Jeanette
\$63 members, \$126 residents, \$189 non-residents
Monday & Wednesday 8:00-8:45am Jeanette
\$27 members, \$54 residents, \$81 non-residents
Monday & Wednesday 9:00-9:45am Sherry
No Classes Dec. 27 or 29
\$21 members, \$42 residents, \$63 non-residents
Monday & Thursday 10:00-10:45am Mary
\$27 members, \$54 residents, \$81 non-residents
Tuesday & Thursday 8:00-8:45am Jeanette
\$27 members, \$54 residents, \$81 non-residents
Tuesday & Friday 10:00-10:45am Mary
No Classes Dec. 24 or 31
\$21 members, \$42 residents, \$63 non-residents

New! Create Your Own Schedule.

Customize your own water aerobics workout schedule. Individually choose one or more weekday class. Price reflects the total monthly cost for each weekday class.

Monday 5:45-6:30pm Sherry
\$12 members, \$24 residents, \$36 non-residents
Tuesday 5:45-6:30pm Mary
\$12 members, \$24 residents, \$36 non-residents
Wednesday 5:45-6:30pm Sherry
\$15 members, \$30 residents, \$45 non-residents
Thursday 5:45-6:30pm Mary
\$15 members, \$30 residents, \$45 non-residents
Friday 8:00-8:45am Jeanette
Friday 9:00-9:45am Sherry
Friday 5:45-6:30pm Sherry
\$9 members, \$18 residents, \$27 non-residents

New! Balance & Fall Prevention Class with Jeanette

A low impact workout focused on improving walking, balance, flexibility, and strength which is beneficial in reducing the risk of falling and injuries.

Choose one of two weekday options.

Tuesday 9:00-9:45am
\$12 members, \$24 residents, \$36 non-residents
Thursday 9:00-9:45am
\$15 members, \$30 residents, \$45 non-residents



Register at the Aquatic Center
www.warrenton-mo.org
751 Warrior Avenue, 63383
636-456-2288

Three Strategies for Behavior Change

Self-improvement is a constant process. Everyone wants to bring changes to their lives that will help them improve their lifestyle but often struggle. Developing or maintaining good habits requires behavior change. However, people often tend to stick to a particular kind of method or lifestyle if they were successful in the past. They do not realize that sticking to one particular approach may not be a great idea. In this article, you will learn about the different strategies for behavior change.

Bottom-Up Strategy

The bottom-up strategy is one of the most direct approaches to behavior change. In this strategy, you start by doing things that are direct to the change. Like you want to exercise regularly than you start by exercising every day. This strategy can sometimes be difficult because it requires bigger changes in your lifestyle and attention to smaller details are also required. Therefore, with the bottom-up strategy, you install a direct behavior change.

Top-Down Strategy

The top-down strategy involves starting with a goal so that during the process you will automatically learn about the different habits that are required. Sometimes to achieve your goal, a lot of habits needs a change and this may look difficult. But with the top-down approach, all you need to do is keep your goals in mind and focus on it. During the whole process, you will be able to reorganize your downstream behavior.

Inside-Out Strategy

Inside-out strategy is all about making a conscious decision to be a different person. This strategy can make you a powerful person if you are successful. In this approach the focus is not achieving your goals or thinking about your behavior, instead, the stress is on how you can become a different kind of a person. The problem with this approach is that people tend to focus on becoming idealized versions rather than realizing the realistic instantiations of their own identity.

Since the above-mentioned strategies are different from each other it is important to know when or where to use them. Let us see how to use the above strategies.

If you want a new kind of behavior and the target is not too big than the bottom-up approach is a good strategy to adopt.

When the goal is big and it requires many behavioral changes top-down approach is good.

When you aim to become a different kind of person and there is no focus on goal than inside-out strategy is one of the best approaches to follow.

-Dr. Purushothaman Kollam



Warrenton Giving Tree

The City of Warrenton is joining AGAPE to help make the holidays special for those in need. Visit the Aquatic Center or City Hall Nov. 19-Dec. 12 to choose a gift tag from the Giving Tree, then return the gift to either location. Gifts will be delivered to AGAPE for distribution December 13.

The AGAPE Share-A-Christmas Program helps about 1,000 children with gifts, books and many other things each year. If you wish to support this program, purchase gifts from the AGAPE Amazon Wish List. These gifts will be mailed directly to the AGAPE food pantry.

AGAPEMO.org/christmas

Thank You!

City Hall, 200 W. Booneslick Rd., 63383
Aquatic Center, 751 Warrior Ave., 63383



COOKIES WITH SANTA

*EXTENDED
TIMES!!!*

Response has been tremendous so we expanded the event into two time slots. There is still time to RSVP 636-456-2288 by the deadline December 6.

The elves will ask you to choose the time slot you wish to attend. Spots will be assigned on a first come first served basis!

DECEMBER 11

9:30-11:00 OR 11:30-1:00pm
CITY ANNEX BUILDING • 202 WEST WALTON ST.

If you have already RSVP'd, please call again to select a time slot. We will also be reaching out to you.

FREE EVENT SPONSORED BY
THE CITY OF WARRENTON



HAPPY HOLIDAYS!



SHOP AND INVEST
LOCALLY THIS
HOLIDAY SEASON

It builds the local economy while
creating a better future for our
community!



Warrenton | Wentzville | Sedalia
Foristell | Hermann | Smithton
Columbia North | Columbia South

WWW.THEMISSOURIBANK.COM

Member FDIC | Equal Housing Lender

**CORNERSTONE
CHIROPRACTIC**

PHOTO OPP
Pics with the Grinch and other festivities

FREE EVENT
DEC 18TH
JOIN US!

**The
GRINCH**
11:00AM
TO
1:00PM

FIND US ON 

www.cschiroclinic.com
704 State Hwy47 Warrenton Mo.63383

WARRENTON
BRANCH



Every Tuesday @ 10:00am
First Saturday of Month @ 10:00am



Join us as we read picture books, sing songs,
do rhymes, fingerplays, and crafts!
No registration required.

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LIKE US! GO TO FACEBOOK.COM/WARRENTONBRANCH | VISIT US AT SCENICREGIONAL.ORG

Warrenton Aquatic Center

HOLIDAY REC SWIM TIME
DECEMBER 20TH - 30TH
EVERY DAY NOON - 6:00PM

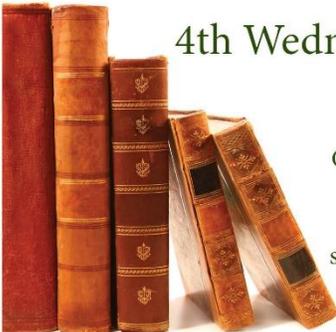


Aquatic Center Closed
December 24, 25, 31,
& January 1

WARRENTON
BRANCH



A Novel Bunch
Book Club



4th Wednesday of month, 2pm

Join us to discuss a love of books,
and meet new people!

Call or stop by the branch to find out
this month's book club selection.

RSVP today: Call 636-456-3321,
stop by the branch, or register online.

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WARRENTON
BRANCH



Take-A-Ticket
Technology Service

3rd Wednesday Each Month
10:00am-5:00pm

Register for a 30-minute, one-on-one
appointment with the library's trainer
to get help with your laptop, tablet,
or smartphone!



Patrons 18+ yrs.
RSVP today:
Call 636-456-3321 or
stop by the branch.

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WARRENTON
BRANCH



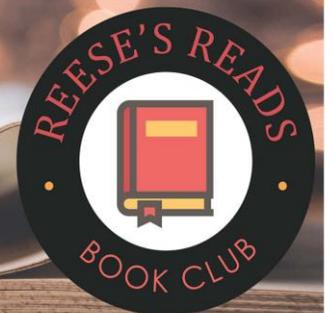
EVERY TUESDAY AT 1:00PM
CHICKS WITH STICKS

Instructor available every Tuesday at 1 pm
for crochet or knitting lessons!
Beginners and experienced alike are welcome
to come and join in on the fun!



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WARRENTON
BRANCH



1st Thursday of Month • 5:30pm

Reese's book recommendations are kind of a big deal these days! Join us every month for a new and
exciting pick to read along with! RSVP today: Call 636-456-3321, stop by the branch, or register online!

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