# WEDNESDAYS WITH WARRENTON AREA CHAMBER OF COMMERCE **OCTOBER 19, 2022**

#### **UPCOMING CHAMBER EVENTS**

Monday, October 24th 5:00-7:00 pm After Hours Business Connection- Rail House Pub, Wright City

Wednesday, November 9th 12:00 pm- 1:30 pm **Board of Directors Meeting- Warren County R-3 Central Office** 

Monday, November 14th 11:45 pm- 1:00 pm **General Membership Meeting- Country Lake Golf Club** 

# **FRIENDS OF THE CHAMBER**

# **Warren County Senior** Center

wcseniorcenter.org 636-456-3379

## **Edward Jones**

Glenda Buxton glenda.buxton@edwardjones. com

# **Town & County Garage**

townandcountygarage.com 636-745-3626

### **Gratza Electric**

graztaelectric.com 314-280-5757

## **Next Page Properties**

sellonnextpage.com 636-206-6363

Thank you, Friends, for your support.

## **Business Spotlight Schraer Heating & Air Conditioning** Warrenton Area Chamber of Commerce Business of the Year 2021

The company was founded as Scott-Woolf Incorporated when Gary Scott and Billy Woolf went into business in 1993. They started with one stocked truck and a customer base of approximately 300 people. In 1994, they purchased Schraer Heating & Air Conditioning, which had begun operation in 1946 when Omar Schraer began building and installing furnaces. His service area consisted of Warren and Montgomery County. In the 1950's, Mr. Schraer added air conditioning to the services he provided. Gary and Billy have continued Schraer's commitment to provide the most current innovations to their customer by adding high efficiency and Geothermal units to the product mix. Schraer Heating and Air Conditioning's goal is to provide loyal customers with expert heating and air conditioning services in Warren County and surrounding areas through professional commitment, quality workmanship and involvement in the community. Today, Gary and Billy continue Omar's commitment to providing the most current innovations to their customers, including high efficiency and geothermal systems. From fast repairs to convenient system replacement that fits your schedule, our goal is to provide you with the best customer experience you've ever had. This includes explaining our process from start to finish, so all your questions are answered, and

We hope that we're a heating and cooling company that you'll want to recommend to your neighbors, friends and family. Schraer Heating & Air Conditioning offers a full range of quality heating and air conditioning services for homeowners and business owners, including:

- Furnace repair for electric, gas (natural and LP), oil and boiler systems
- Air conditioning repair
- •Heat pump repair
- Furnace, air conditioner and heat pump replacement

paying attention to even the smallest details.

- •Installation for new construction, including conventional and geothermal systems
- Maintenance programs
- •Sheet metal fabrication

We want you to be a loyal customer for life. That's why Schraer Heating & Air Conditioning is proud to provide services that include a high level of communication and friendliness and a deep level of respect and understanding.

In June, we started a Facebook project Networking with the Community. Each week we feature a Business in the Community along with an item to Give Away. To be part of the Schraer Heating and Air Conditioning Weekly Giveaway - Donate a small item and your business will be featured on our Facebook page. We announce the weekly giveaway item on Mondays at 8 am, tagging your business.

Contest ends on Wednesdays at 5 pm and we will announce winner on Thursdays by 11 am. If your business would like to be part of this project you can contact Bonnie Kelley @636-456-5041 or info@schraerheating,.com.

Schraer is unique in the way they give back to their community by offering reasonable pricing never trying to gouge the customer and always contributing to local organizations.

# **AFTER HOUR BUSINESS** CONNECTION

**COMING** together is a BEGINNING **KEEPING** together is a **PROGRESS WORKING** together is a **SUCCESS** 



Right Time, Right Place, Wright City!



Warrenton Area Chamber of Commerce Together We Grow Business - Since 1923

**OCTOBER 24TH 5P-7P** 

> **RAILHOUSE PUB** 111 No 1st St E **Wright City**

# 5 Surprising Benefits of Being Organized

Decluttering can do more for your health than you realize like reduce stress and increase productivity.

by Jeff Herbert

It can be hard to keep everything organized when there are many things demanding your attention. However, being organized can benefit your health and help you feel happier and more relaxed.

Disorganization can wreak havoc on your life. It can lead to an increased stress level and depression. Disorganization can be a physical threat as well and can be a fire hazard and cause mold and dust buildup.

While there are many negative effects of disorganization, here are five benefits of being organized.

# 1. Organization reduces stress

Clutter can take a toll on your health by increasing your stress levels—even if you don't recognize it. Clutter can come in many forms, and it can be hard to decipher what is and is not clutter.

Take time to sort through it all and determine what stays and what goes. By decluttering your living spaces, you can decrease housework, too, by 40%. Staying organized will actually lower your cortisol levels—the body's primary stress hormone.

# 2. Organization helps you sleep better

When you prioritize organization, you give yourself time to focus on what really matters, like your much-needed sleep. Organizing your daily schedule and tasks allows you to concentrate on what needs to get done that day instead of being distracted by things around you.

At nighttime, you are able to prioritize sleep and rest easy knowing it's done. As an added bonus, prioritizing enough sleep alleviates your stress.

## 3. Organization promotes a healthier diet

Being organized allows you to plan healthy dishes and meal prep for the week. When you've prepared your meals and snacks ahead of time, you're less likely to make poor dietary choices.

Try organizing treats, cereals, and other snackable foods into small sandwich bags or containers. Doing so can reduce clutter and help you control your portion intake.

## 4. Organization increases productivity at work

Nothing screams "stress overload!" more than an unorganized work environment, and clutter is the enemy of creativity. If you're feeling burnt out and overwhelmed at work, start decluttering your workspace.

With a clean and organized workspace, you can focus on your work and limit distractions.

### 5. Organization can improve your relationships

It's hard to focus on your relationships when you're fixated on a lack of cleanliness and organization. This goes for both physical and lifestyle organization and refers to relationships in and outside of work.

It doesn't really matter if you've always been organized or someone who could use a few helpful pointers. You can start organizing and freshening up your life today. Start evaluating where you can improve, and begin to make small, yet impactful, changes to have a more organized lifestyle.

# Current Job Openings at Child Evangelism Fellowship

17482 State Highway M, Warrenton, Mo 63383

#### **Creative Services**

- Artist/Illustrator
- Editor
- Graphic Designer
- Music Specialist

#### **Communications and Marketing**

- Digital Communications Assistant

#### **Education**

Leadership Training Instructor

#### **Facilities**

- Maintenance Technician/Grounds Crew

#### **Finance**

Financial Assistant - Accounts Receivable/Purchasing

#### Information Technology

- Administrative Assistant
- Helpdesk Technician

#### **International Ministries**

Finance Account Analyst

#### **Production**

- Digital Printing and Bindery
- Press Operator

For more information, please contact <a href="www.cefonline.com/jobs">www.cefonline.com/jobs</a> or (636) 456-4321



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Local company • Newer Equipment Driver home every night

CALL 314-914-1460 To Apply

Owner/Operators also wanted, paid every week, home every night!



## PRESS RELEASE

FOR IMMEDIATE RELEASE

Contact: Heather James Innsbrook Resort 636.928.3366 ext. 9214

Heather.james@innsbrook-resort.com

# Innsbrook to Host Treehouse Tour and Open House on October 22

INNSBROOK, MO (October 10, 2022) - Experience the serene beauty of a Midwestern fall as you tour Innsbrook's newest development, the Treehouses of Talblick, located in the Tyrolean region of Innsbrook. Innsbrook is a recreational lake community less than an hour west of St. Louis. Members of the public are invited to attend an open house tour of various treehouse properties and nearby amenities on Saturday, October 22. Open house tours begin at noon and end at 4:00 p.m.

Innsbrook's treehouse concept blurs the lines between stylish contemporary home design and your childhood hideaway floating high above the forest floor. The first community of its kind is made up of 34 wooded lots from phase I and phase II of development, with an additional 23 lots in phase III set to open soon. Treehouse lot sizes range from 1.3 to 2.3 acres and feature dramatic elevation changes with stunning views. Treehouses are offered in one, two, and three bedroom models, with the choice of gable or shed rooflines and optional upgrades.

Visitors will have the opportunity to view multiple treehouse properties showcasing the three bedroom, two bathroom model. Our completed display model, as well as two neighboring lots, currently in various stages of construction, will be open for viewing. Each treehouse on the tour is constructed on piers with a shed roofline and display a variety of upgrade options. Those interested can explore the phase III treehouse lots that will be opening soon.

Before heading out to explore the community, enjoy complimentary beer, brats, and hot dogs at the new pool and pavilion, located in the Tyrol area near the treehouse community.

Pre-registration is recommended, but not required. The tour is self-guided and will take place at 2805 Tyrol Ridge Drive, Innsbrook, MO 63390. Visitors will enter through the Tyrol entrance gate off of South Stracks Church Road. For more information or to pre-register, go to <a href="https://www.innsbrook-resort.com/fall">www.innsbrook-resort.com/fall</a>.

# **Event Dates (See Flyers)**

Sept. 29th- Nov. 17th Food Trucks & Flu Shots at Warren County Health Department

October 20<sup>th</sup> We Are Stronger Together with Warren County Emergency Operations

October 22<sup>nd</sup> Innsbrook Treehouses Open House

October 23<sup>rd</sup> Holy Rosary Sausage Dinner & Craft Show

October 25<sup>th</sup> Compass Health Trunk or Treat

October 27<sup>th</sup> Witches, Wine, & Brew November 4<sup>th</sup> Trivia Night for NTTS

Make sure to check out the flyers for Scenic Regional Library's events and offerings at the Warrenton branch.











#### September

Thursday Sept. 29 Flu Shots 9 am- 12 pm

Ramblin' Rounds (donuts) here 7-12 Southern Grace Coffee here 7-12

#### October

Wednesday Oct. 12 Flu Shots 9 am-12 pm

Ramblin' Rounds (donuts) here 7-12 Southern Grace Coffee here 7-12

> Friday Oct. 21 Flu Shots 1 pm-4 pm George's BBQ here 12-5

Thursday Oct. 27 Flu Shots 9 am-12 pm

Southern Grace Coffee 7-12 SNS Goodies here 10-3 (wings, burgers, tenders, fries & more) George's BBQ here 12-5 PUBLIC WELCOME! A flu shot is not required to purchase from food trucks-BUT a discount coupon for the food trucks will be given to those who get a flu shot.





#### LOCATION:

Warren County Administration Bldg. 101 Mockingbird Ln. Warrenton MO 63383 (Across from Compass Health)

WHO: Adults 19 and up ONLY

COST: Flu Shots are FREE

#### **November**

Friday Nov. 4 Flu Shots 1 pm-4 pm

Daddy O's Cheesesteak here 11-6

Wednesday Nov. 9 Flu Shots 9 am-12 pm

Southern Grace Coffee here 7-12 Wolf Pack Snacks\* here 7-12 (cakes, cookies, chocolate treats) \*gluten free & diabetic friendly options

Thursday Nov. 17 Flu Shots 9 am-12 pm

SNS Goodies here 10-3 (wings, burgers, tender, fries & more) Southern Grace Coffee here 7-12

Call 636-456-7474 for more info!







# NONPROFIT TAX CREDITS ARE A WIN-WIN

The State of Missouri offers tax credits to eligible nonprofit organizations as a way to maximize program funding while simultaneously benefitting the taxpayer. Sharing this opportunity with your clients can help them save money and benefit the community at the same time.

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#### CONTACT US

636-456-4645 x102 randa.t@agapemo.org AGAPEMO.org

# WHAT TAX CREDITS ARE AVAILABLE?

AGAPE has been approved to offer both Neighborhood Assistance Program and Youth Opportunity Program tax credits.

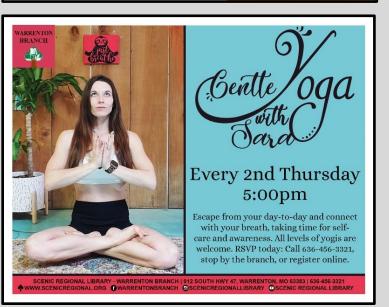
#### 70% NAP Credits

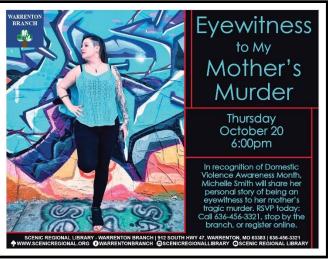
NAP tax credits are 70% credits and they are available to any Missouri business, including farmers, rental property owners, LLCs and S-Corps.

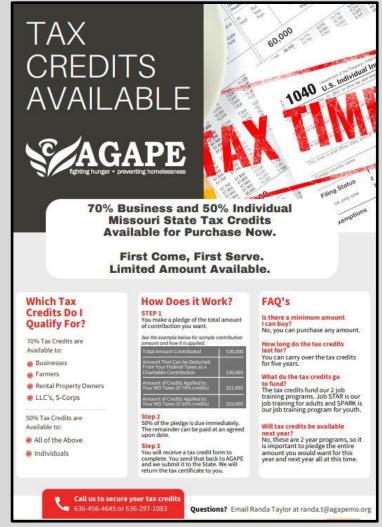
#### 50% YOP Credits

YOP tax credits are 50% credits and are available to any individual in Missouri.

Any business or individual who owes Missouri State taxes can benefit from buying tax credits!









SF 365

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sanday
6AM BOOTCAMP		6AM BOOTCAMP		6AM BOOTCAMP	7AM BOOTCAMP	Closed
7:30am Morning Yoga		7:30am Morning Yoga		7:30am Yin Yoga	8:30am Vinyasa Yoga	Closed
9AM BOOTCAMP		9AM BOOTCAMP		9AM BOOTCAMP	10AM BOOTCAMP	Closed
				12:20pm Lunch Time Yoga	11:30am Yoga + Little ones	Closed
6:10pm Vinyasa Yoga	6:10pm Restorative Yoga	G:10pm Vinyasa Yoga	6:10pm Vinyasa Yoga			Closed
7:05PM BOOTCAMP	7:05PM BOOTCAMP	7:05PM BOOTCAMP	7:05PM BOOTCAMP			Closed

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